



ALLERGENS

PAINS

Selection of artisan bread with butter & bagna cauda

Allergens: dairy; gluten; fish

SOUPES

French onion soup with Comté cheese & croutons

Allergens: dairy; gluten; sulphites

Fish soup with rouille & Comté cheese

Allergens: dairy; gluten; molluscs; sulphites; fish; mustard; celery; eggs

Brittany lobster bisque with croutons

Allergens: dairy; gluten; crustaceans; sulphites

SALADES

Grilled octopus with roasted shallots, chorizo, patatas bravas, romesco sauce & rocket

Allergens: molluscs; sulphites; mustard; lupin; nuts (almonds)

Shallot & Ingot goats cheese tarte tatin with baby gem, poached pear & hazelnuts

Allergens: dairy; gluten, sulphites; mustard

Tuna Niçoise with line-caught tuna, green beans,

tomatoes, potatoes, olives, eggs, cucumber & house dressing

Allergens: sulphites; fish; mustard; eggs

HUITRES

All oysters

Allergens: molluscs; sulphites

HORS D'OEUVRES

Classic moules marinières with garlic, parsley & cream

Allergens: dairy; molluscs; sulphites

Rock shrimp tempura with ginger pickled cucumber, teriyaki mayonnaise & toasted peanuts

Allergens: gluten; crustaceans; sulphites; mustard; eggs; celery; soya; nuts (peanuts); sesame; sashimi oil

Hand picked Devon crab with pickled green apple, avocado, pimento salsa & toasted brioche

Allergens: dairy; gluten; crustaceans; sulphites; eggs; nuts (almonds)

Crispy calamari with aioli & lemon

Allergens: dairy; gluten; molluscs; sulphites; mustard; eggs

R&A prawn cocktail with remoulade, cucumber, baby gem & cocktail sauce

Allergens: crustaceans; sulphites; mustard; eggs

Tuna & Hamachi Sashimi with avocado salad, shiso & smoked ponzu dressing

Allergens: sulphites; fish; sesame; soya

Pan fried scallops with with roast parsnip puree, smoked bacon, pickled girolle mushrooms & velouté

Allergens: dairy; molluscs; sulphites

CAVIAR

Royal Baerii caviar with blinis, crème fraîche, egg yolk & shallots

Allergens: dairy; gluten; crustaceans; eggs

POISSONS

Spaghetti alle vongole with white wine, garlic, parsley & chilli

Allergens: gluten; molluscs, sulphites

Bouillabaisse with mixed fish, seafood, sourdough croutons & aioli

Allergens: dairy; gluten; fish; molluscs; sulphites; crustaceans; mustard; celery; eggs

Roasted skate wing with brown shrimps, capers, crispy garlic & parsley butter, ratte potatoes & hispi cabbage

Allergens: dairy; gluten; fish; crustaceans

POISSONS - cont

Grilled tuna with roast mediterranean vegetables, feta, rocket, & green tapenade

Allergens: dairy; fish; sulphites; mustard

Haddock & chips with minted pea purée & tartare sauce

Allergens: gluten; sulphites; fish; mustard; eggs

Roasted hake with braised wild mushrooms, potato gnocchi & Muscadet velouté

Allergens: dairy; gluten; sulphites; fish; eggs

Grilled Atlantic cod with spiced broccoli, prawn & potato toast & sauce beurre blanc

Allergens: sulphites; fish; dairy; crustaceans

VIANDES / ROTISSERIE

Roast Basque chicken with garlic, parsley, lemon stuffing, rocket, aioli & house chips

Allergens: mustard; eggs; sulphites

Beef burger prime Aged beef, pommes frites, cheese & salad

Allergens: dairy; gluten; mustard; eggs

Grilled beef sirloin with house chips, truffle dressed watercress & a choice of sauce au poivre or garlic butter

Allergens: (depending on sauce) dairy; sulphites; mustard

FRUITS DE MER

Plats de Fruits de Mer 6 rock oysters, Dorset crab, Atlantic shrimps, octopus, cockles, clams, Native mussels, sashimi & mediterranean prawns

Allergens: mollusc; crustaceans; sulphites; fish; mustard; eggs; soya; sesame

Assiette de Fruits de Mer 3 rock oysters, crab, mediterranean prawn, pink prawns, mussels, cockles & sashimi

Allergens: mollusc; crustaceans; sulphites; fish; soya; sesame

Pink prawns (with shell on) 1/2 pint with mayonnaise

Allergens: crustacean, mustard; eggs

Dorset brown crab with mayonnaise & potato salad

Allergens: crustaceans; sulphites; mustard; eggs

Garlic roast Mediterranean prawns with pommes frites

Allergens: dairy; crustacean; mustard;

Lobster mayonnaise with potato salad

Allergens: crustaceans; sulphites; mustard; eggs

Lobster roasted in garlic butter with pommes frites

Allergens: dairy; crustaceans; sulphites; mustard

SIDES

Green beans with confit shallots

Allergens: n/a

Buttered new potatoes

Allergens: dairy

Heritage tomatoes, shallots & basil salad

Allergens: sulphites; mustard

Rocket, mushroom & parmesan salad with sherry dressing

Allergens: dairy; sulphites; mustard

Truffled Boschetto cheese chips

Allergens: dairy; see below

Pommes frites

Allergens: see below

Zucchini fritters with basil mayonnaise

Allergens: gluten; dairy; eggs; mustard

Any dish served with pomme fries & house chips may have gluten contamination from fryers. Please check with your server